RELATIONSHIPS BETWEEN CONFLICT BEHAVIOR AND CONFLICT SITUATIONS IN THE STUDENT COMMUNITY

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Abstract

This article discusses the relationship between conflict behavior and conflict situations in the student community. Based on pedagogical data and written sources, the author clarified the problem on the basis of available scientific literature and studied the existing specific aspects of the relationship between conflict behavior and conflict situations in the student community.

Keywords: Students, conflict behavior, situations, psychology.

Introduction

In modern psychology, the two-sided nature of conflict behavior, including its positive role, is recognized. The universally recognized value of conflictual behavior is that they prevent the hardening of the system, the human personality, and open the way to innovation. One of the highest signs of human consciousness is its self-awareness. His self-awareness, in turn, is an important sign of a person. A person is a subject who knows the world around him and influences this world.

Main Part

What a person perceives and imagines is an object for him. From this point of view, a person's self-awareness is subjectively expressed in the feeling that he is «I». Human personality is a very complex psychological category, which is gradually formed under the influence of certain concrete factors during a person's individual life. The role of the external social environment and education is crucial in the mental development of a person and the formation of personal qualities.

Therefore, the issue of the conflicting nature of human relations with the environment occupies one of the first places among the most discussed, studied and, at the same time, not fully resolved issues in human life. The solution lies in our desire, in our genuine desire to know the conflict. Conflict is a great space for creativity and development, for achieving our goals.

In acute and unexpected situations, it is necessary not only to make an objective assessment of the situation, but also to understand and understand people and their behavior in such a situation. It is for this reason that it is necessary to take into account that people experience psychological experiences in response to stressful situations [5].

Avoidance is usually chosen as a way of behaving in a conflict situation by people who do not want to get into unpleasant situations, do not create conflicts, and walk away from disagreements, even if these arguments are necessary to resolve life conflicts. But here the main efforts are aimed at eliminating the manifestation of the conflict, and the root of the conflict based on the conflict is simply ignored. As a result, even if there is «peace and tranquility», the conflict will still remain.

The method of resolving conflict behavior is explained by mutual recognition of differences of opinion for both parties, understanding of the root cause of the conflict, and readiness to get to know them in order to develop a solution that resolves the conflict in the first place. A person who uses this method is not trying to achieve his goal, but is looking for the best way to resolve the conflict. In such cases, it seems inevitable that the parties will disagree because each opposing party has its own point of view. Emotions in such situations can only be overcome through patience or direct negotiation.

In resolving conflictual behavior, both parties need to spend some time explaining their desires, expressing their needs, listening to each other, and then developing alternative solutions to the conflict. The cooperation method, like other methods, is the most difficult, but it allows to develop the most satisfactory solution for both parties in difficult and conflicting situations[7].

Compromise is characterized by the ability to partially accept the opponent's point of view. The ability to work together is very important, because it reduces your hostility and resolves a conflict that is important to both parties. The negative aspects of the agreement are represented by the fact that it prevents the complete resolution of the dispute: it reduces the time to identify the dispute and reduces the possible ways of solving it.

The conflict situation itself helps us to choose the style of behavior. If neither the goal nor the relationship is particularly important to us, avoiding conflict is a wise course. When the goal is more important to us than the relationship, dominance can be the best way to avoid conflict. On the other hand, a realistic view of things (not cowardice) forces us to resort to compromise when the relationship is more important than the goal.

Results and Discussions
In the process of conflict, people sometimes stumble in their first steps, encounter unexpected obstacles and face a series of failures. Practice shows that conservative

people usually engage in confrontations with others on behalf of their superiors, they always underestimate the other side, and in most cases, radical interlocutors try to find evidence on the essence of the conflict and points of connection with each other.

Another effective way to prevent confrontational behavior is to stop arguing in business relationships, because during a conflict, a person can rarely maintain self-control and dignity. Another good tool to prevent conflict behavior is the ability to listen to the interlocutor, because this is a criterion for the right attitude. How much the interlocutor is given the opportunity to speak depends on his mood and confidence [8].

We can come to the conclusion that conflict situations and conflicts are a characteristic of nature and a necessary condition for human formation and development. Acquiring housing, various material wealth, taking care of oneself and one's descendants is characteristic of a person. It depends on what mechanisms a person uses (conscience, morality, intuition, cunning, physical strength) to move competitors or maintain a comfortable balanced state.

Despite the fact that relationships with other people should promote peace and harmony, conflicts do occur. Every sane person should have the ability to effectively resolve conflicts and disagreements, so that social life is not destroyed by any conflict, but instead is strengthened by finding and developing common interests. It is important to have different approaches to conflict resolution, to be able to use them flexibly, to go beyond conventional views and be sensitive to opportunities, to implement new actions and to think outside the box.

Only by understanding the inconsistency of a person's inner world can one see and understand the reasons for his actions and interactions with other people and the world as a whole. In turn, a person can know and understand himself more only when communicating with other people. Interpersonal conflict behavior can serve for a person to know and develop himself and others. Conflict behavior is a huge field for creativity and development, for achieving our goals.

Controversial behavior encourages change; Conflict behavior is a challenge that requires a creative response. As mentioned earlier, interpersonal conflict is intrinsically related to interpersonal relationship issues, on the one hand, and interpersonal psychological phenomena, on the other hand. Therefore, in order to understand the essence of interpersonal conflict behavior, it is necessary to start with studying the inner world of a person[10].

Therefore, the issue of the conflicting nature of human-human relations occupies one of the first places among the most discussed, studied and, at the same time, not fully resolved issues in human life.

Questionnaires for diagnosing aggression and obstacles in emotional relationships of students are combined into 2 factors. The first factor includes physical aggression, verbal aggression, indirect aggression, guilt, inability to control one's emotions,

predominance of negative emotions, and reluctance to establish emotional intimacy with others. The second factor includes the factors of negativism, anger, suspiciousness, resentment, inability to express one's emotions correctly, and lack of development of one's emotions.

Conclusion:

In conclusion, it can be said that the results of the research conducted on the psychological characteristics of conflict behavior and its resolution in the student community show that conflict behavior, diagnosis of obstacles in emotional relationships, aggressiveness and personality characteristics are at a moderate level in students of both universities. it was determined that they showed significant and different levels.

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