A PERSON WITH A DISABILITY AND ITS PROBLEMS IN MODERN SOCIETY

Mushtariy Muhaydinovna Juraeva
Researcher of Andizhan State University,
Andizhan Region, Republic of Uzbekistan

Abstract:
This article examines the social, economic, and psychological problems faced by people with disabilities, their rights, and their place in society. Additionally, the study explores attitudes towards individuals with disabilities, societal stigma, as well as rehabilitation and integration mechanisms accordingly.

Keywords: Disability, social integration, psychological problems, socio-economic rights of persons with disabilities, societal stigmas, rehabilitation, inclusive society.

Introduction

One of the priorities of the state policy of the Republic of Uzbekistan in the field of protection of persons with disabilities is to protect the personal, political, economic, social, and cultural rights and freedoms of persons with disabilities provided for in our Constitution, in accordance with the generally recognized principles and norms of international law and international agreements signed by Uzbekistan, with other citizens. is to provide equally.

RESEARCH METHODS

The socio-economic development, political activity and spiritual renewal of society of every country in the world is determined by the attention paid to the human factor. As the Honorable President Shavkat Mirziyoyev noted, "Health is a great blessing that cannot be measured and evaluated by anything for every person and our entire population" [1]. If the basis of our article is a person with limited health, it is important to answer the question of who he is. From the medical point of view, such persons are considered to be "physically handicapped" and mentally ill, having a serious or long-term negative impact on the ability to perform normal daily activities.

RESULTS AND DISCUSSIONS

People with disabilities are an important part of society, and their socialization depends on many factors. Socialization, in turn, is determined by a person's place in society, relationships and activity. In this article, the factors affecting the socialization of persons with disabilities, problems and ways to solve them are studied in a wider and deeper way. Factors influencing the socialization of persons with disabilities include:

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1. Social stability.
2. Higher education and professional development.
3. Roles of society.
4. Psychological support.
5. Opportunities of technologies.

Social stability is very important for the socialization of people with disabilities. Social environment, family environment and friendships play an important role in their development. The support and positive relationships of family members not only provide a princess, but also ensure their emotional well-being.

The best example of social stability is society itself. If society strives to pay attention to, accept and integrate people with disabilities, such people will feel like a part of society. "Education is important for people with disabilities. Higher education institutions, through special courses and internships, help to improve their knowledge and skills, to create their activity and status in society" [3]. Research shows that educated individuals participate more effectively in social interactions. Also, the use of technological resources, for example, online learning platforms, creates the best opportunities for experts. Such opportunities facilitate access to higher education for persons with disabilities.

Society's attitude towards people with disabilities is important for their socialization. Tolerance and acceptance must be developed by all members of society. In addition, NGOs, state bodies and organizations in the society should develop various programs to encourage social activity for such persons and to help their integration. In society, social discrimination, stereotypes and prejudices have a negative effect on all people. Acceptance of persons with disabilities and formation of a positive attitude towards them is one of the main directions of the development of society.

Psychological support is very important for people with disabilities. They often experience social isolation, stress, and self-esteem issues. Psychological support and therapy, including group therapy, social training, and psychotherapeutic sessions, are beneficial for their socialization. Also, to overcome psychological and emotional stress, it is necessary to develop community support and social friendships. In doing so, it is important to strengthen relationships with the community and friends.

Modern technologies are opening new ways for the socialization of persons with disabilities. Online platforms, social networks, virtual chats and mobile applications provide ample opportunities for them to express their opinions, develop connections and increase knowledge. With the help of technologies, people with disabilities have the opportunity to connect with other members of society and actively participate in various projects. This, in turn, helps to increase their social integration and activity.

There are problems related to the socialization of persons with disabilities. Unfortunately, the socialization of persons with disabilities is associated with several problems. These problems include unexpected obstacles in their lives and relationships in society, and they include:

1. Accessibility (acceptance).
2. Social discrimination.
3. Access to education.
4. Local infrastructure.
5. Lack of psychological support.
6. Employment.
7. The role of the public.

Accessibility (acceptance) is one of the important factors in the socialization of disabled people, which helps to ensure their full participation in society. Accessibility refers to the ability to adapt and accept public services, buildings, transport and other infrastructure for people with disabilities and people with any kind of change.

There are still cases of social discrimination against persons with disabilities. Some communities lack knowledge about their rights and opportunities, which hinders their social integration. Stereotypes and prejudices in society lead to their exclusion from social life. Access to education for persons with disabilities depends on local conditions. In many cases, there is a lack of special educational institutions and difficulties in obtaining higher education. Also, the necessary resources for learning, such as ongoing support and individualized teaching methods and teacher training, remain a challenge.

Infrastructure creates barriers for people with disabilities. Poorly organized transport, most private buildings often lack adaptations for people with disabilities, limiting their social activity. In this, inclusion in public transport and public spaces should be increased. There are also limited opportunities for psychological support for persons with disabilities. Psychological services, in most cases, are underdeveloped and often cannot function effectively due to a lack of professionals. Problems in finding a job make the socialization of disabled people even more difficult. Many enterprises carry out selection when hiring such persons, which prevents them from ensuring their economic independence. Public attitudes and passive acceptance of people with disabilities are also a problem. In some neighborhoods, interest in encouraging the social activity of these individuals has decreased.

CONCLUSION

In conclusion, the socialization of persons with disabilities in modern society is a complex process and it is associated with various problems. The above factors in society affect their social integration and quality of life. Cooperation between society, government agencies and private sectors is important to solve these problems. This determines their quality of life and status in society. Social stability, education, community support, psychological support, and the use of technology are also important to encourage social engagement. Together, these factors are the guarantee of ensuring the socialization and success of people with disabilities in society.

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